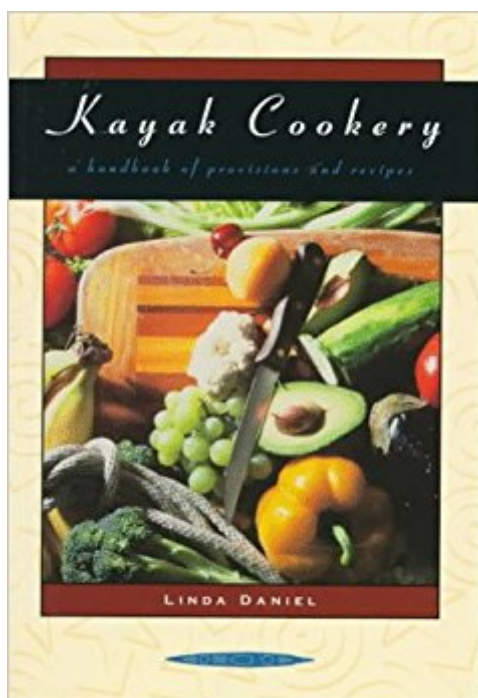


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# Kayak Cookery: A Handbook Of Provisions And Recipes, 2nd Edition



## Synopsis

Whether you boat in the canyon or kayak off the coast of Baja, eating is essential. Yet many paddle enthusiasts believe that eating well would be too much trouble. Linda Daniel's *Kayak Cookery* will show you how to be a culinary master on the water. *Kayak Cookery* reveals the art of making food complement the situation, from ways to getting pleasantly and properly fed to turning simple ingredients into a celebration. In addition, Daniel shows you what gear is essential, how to package and protect your food, and how to provision for long and short trips. From Crab Benedict and Shiitake Stir-Fry to Split Pea Soup and Sourdough Cobbler, Linda Daniel has mastered the art of gourmet cooking in the wild. Isn't it time you became a wilderness chef?

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## Customer Reviews

Whether you boat in the Canyon or kayak off the coast of Baja, eating is essential. Yet many paddle enthusiasts believe that eating well would be too much trouble. Linda Daniel's *Kayak Cookery* will show you how to be a culinary master on the water. *Kayak Cookery* reveals the art of making food complement the situation, from ways to getting pleasantly and properly fed to turning simple ingredients into a celebration. In addition, Daniel shows you what gear is essential, how to package and protect your food, and how to provision for long and short trips. From Crab Benedict and Shiitake Stir-Fry to Split Pea Souper and Sourdough Cobbler, Linda Daniel has mastered the art of gourmet cooking in the wild. Isn't it time you became a wilderness chef? (6 x 9, 208 pages, chart, illustration)

When I first saw this book, I thought "you have to be kidding", but the author has the subject nailed down tight. The book is divided into sections based on the length of your trip and the types of food suitable for the duration. She has a clear understanding of nutritional issues. The techniques for food drying, blending and preparation prior to the trip are invaluable. This book has changed the way I travel on rivers and live out of my boat while doing so. Highly recommended for those interested in the subject.

Excellent book. Lots of great recipes for camping with kayak

Linda Daniel is a master at organizing and writing a cookbook that actually works. Her ideas for packing your kayak and the dishes you can prepare are wonderful for both the beginner and the experienced kayaker. Additionally, this book is filled with great recipe ideas for the camper, backpacker and also for preparing your emergency supplies. Kayak Cookery is enjoyable just for the read. My compliments and gratitude to Ms. Daniel.

This book is full of great meal ideas and great recipes, tips on dehydrating. What I found confusing are suggestions for use of off-the-shelf products that could easily spoil without refrigeration in a few days. There's no clear information about the perishability in the field.

I wasn't expecting much, but this book exceeded anything I could have wished for I am trying to implement all the ideas into my touring food. get it you'll love it.

Great book! fast delivery, accurate description.

Oh wow! Now I am actually looking forward to taking my kayaking trip! I've always loved camping and cooking but really never thought that I could do the same wonderful fare when kayaking. the tips on packing are extremely helpful since I am doing this trip on my own.

I found this book very usefull. Although it was written with sea kayaks in mind, it will be very usefull for our flatwater camping. It was very informative on breaking down ingredients and packing foods. Cold and dry. How long to store them, and my favorite chapter on how to dry foods in your oven. A very usefull book. Cathy

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